

EDUCATION

New Life Christian Academy Welcomes a New Administrator



Dave & Cherith Calger with their son Micaiah

This Fall when the doors open at New Life Christian Academy there will be two new faces welcoming students as they start a new school year. Dave Calger originally from Oklahoma (Boomer Sooner!), and Cherith Calger his wife, a native Tar Heel from Fayetteville, have accepted Administrator and Facilitator positions at the school. They are both graduates of Ambassador Baptist College. Dave's degree being in Biblical Studies/Missions, and Cherith's degree being in Christian Education. After college they taught in SW Florida at Evangelical Christian School, where Dave had the privilege to create the curriculum for one of Evangelicals' Secondary Bible classes. During this time in Florida

they also celebrated the birth of their son, Micaiah. Today Dave currently enrolled at Southern Evangelical Seminary in Charlotte, NC working on an M.Div. with an emphasis in Christian Apologetic and a Chaplain Candidate (1LT.) in the US Army Reserves. Cherith is a skilled and talented pianist, passionate teacher, and wonderful mother.

A Note from Dave Calger

We're excited to be starting a new school year here at New Life Christian Academy. As the Academy enters its third year there have been some exciting changes

and additions. As we are offering new classes, more educational trips, individualized care, and a safe, secure learning environment, NLCA is striving for excellence...that in all things He [Christ] might have the preeminence... (Col. 1:18.) Our primary focus and mission continues to be to train our students in the nurture and admonition of the Lord, to help them develop a distinctly Christian world view, and to prepare them to meet the challenges of the 21st century. Believing that ideas and education are what shape the cultures around us, NLCA is training a generation of youth to strive to shape their culture for the cause of Christ. Unashamedly Christian, unapologetically evangelistic, unreservedly academic NLCA is training students to the glory of God. We are blessed to be a part of the work at New Life Christian Academy and excited to see what Christ is going to do with the school.

If you would like more information about New Life Christian Academy you can call the school 910-592-3700 or visit their website www.nlcanc.org.

It's NOT Too Late To Sign Up!

we are still taking student applications!

910-592-3700

www.nlcanc.org



- K -12th Grade
- Bible-Based Curriculum (A Beka Program)

2605 Southeast Blvd. • Clinton, North Carolina 28328
a ministry of New Life Baptist Church • Clinton, NC

HEALTHY After-School Snack

(ARA) - The new school year is just around the corner, and with childhood obesity on the rise and an increased national focus on sensible eating, it's more important than ever to offer healthy food alternatives to kids. And not just for school lunch. Afternoon snack time is often overlooked when parents are planning meals, making it easy for families to stray away from making smart food choices.

When grocery shopping, it's important to plan in advance, keeping snack time in mind. The following five tips for keeping after-school snack time healthy should help you get started:

1. Be creative. Use cookie cutters to cut fruit into fun shapes, or engage kids by having them help make fruit or vegetable kabobs.
2. Stock your fridge (and freezer) sensibly. Make it easy for kids to eat healthy by avoiding the junk food aisle all together.
3. Try a twist on the traditional. Frozen grapes or a banana dipped in peanut butter are more likely to tempt kids' taste buds



4. Lead by example. If your eating habits are unhealthy, it's likely that your kids' will be the same way. Make smart food choices and they will too.
5. Keep the options open. Give children a variety of choices to show them that there are many ways to eat healthy, tasty food. This prevents food boredom and will encourage them to make smart snack decisions on their own.

Bypassing the junk food aisle and heading to the produce section is always a good idea. But you might be surprised to know that there are a variety of healthy alternatives in the frozen aisle, too. There is an increasing number of healthy frozen foods geared specifically toward kids' taste buds. Dr. Praeger's Littles, for example, are all natural, bite-size veggie pancakes that come in fun-shaped broccoli, potato, sweet potato and spinach varieties.

Parents pressed for time can pop them in the oven for a quick and nutrient-rich snack perfect for fueling kids' brains and bodies for an after-school sports practice or homework session. "Parents should see snack time as an opportunity to teach kids to make smart health decisions," says Dr. Peter Praeger, a practicing cardiac surgeon and founder of Dr. Praeger's Sensible Foods. "If kids start eating good-for-you foods early in life, they're very likely to take healthy eating habits into adulthood." On your next trip to the supermarket, consider incorporating healthy after-school snacks into your meal planning, including healthy frozen food options for kids. You'll be surprised to see how quickly kids learn that good food can be tasty, too.



Dear Citizen,

During the past seven years, my staff and I have worked hard to improve the services provided by your Sheriff's Office. I am pleased to report that we have come a long way and have gained much ground in combating crime in Sampson County.

Our job is far from being complete, but our mission remains the same, and that is to make Sampson County a safer place for all of us. Through your continued support, I will remain a good steward of this office.

Thank You,

Sheriff Jimmy Thornton



www.jimmythornton.com

Paid for by the committee to re-elect Jimmy Thornton



DEMO SALE 2010 MODELS

Ask about ALL our deals on Arctic Cat ATV's & Prowlers!

Prowler XTZ 1000

V-Twin, 85MPH, 4WD, Hi/Low Lock Diff., Windshield & Top, 150 Miles, Full Warranty
DEMO SAVE BIG!



700 TRV

(2 people) Black Metallic, Mag Wheels 250 Miles, Full Warranty
DEMO - SAVE BIG!



40 Years in Business • Rated #1 Place to Buy ATV's

MAR-CEL CO. INC.

Hwy. 24, Clinton, NC • 910-592-7796
marcelcompany@hotmail.com

NOBODY Beats Our Deals • We Service What We Sell

Only ride an ATV that is right for your age. Supervise riders younger than 16. ATV's are only recommended for users over 12 years old. Arctic Cat recommends that all riders take a training course. For safety or training information in the U.S. call the ATV Safety Institute at 800-887-2887. In Canada, call the Canada Safety Council at 613-739-1535 or see your dealer. TM Trademarks of Registered Trademarks of Arctic Cat Inc., ©2010. Arctic Sales Inc. Thief River Falls, MN 56701

Mintz Christian Academy



MCA invites you to come visit our campus. Starting this year, transportation provided for students from Clinton.



- Grades K - 7
- Certified Teachers
- Advanced Abeka Christian curriculum for History and Language Arts
- Purposeful Design Curriculum for Bible, Math and Science
- Extra-curricular classes include computer, art, library, PE and music

3761 Old Mintz Highway, Roseboro, NC 28382
910 - 564 - 6221 • www.mcanc.com